

## The Edinburgh Rudolf Steiner School: Nut Allergy Policy

### **Kindergarten:**

**The Kindergarten will, as far as possible, be nut and seed free. This includes all food provided by the Kindergarten, all packed lunches at Kindergarten afternoon care and all food brought in to share.**

However, the school cannot guarantee that food bought in from suppliers will be free from nut traces.

### **Lower and Upper school:**

**Food provided by the school for consumption by pupils during school hours will not contain peanuts, pine nuts, tree nuts and sesame seeds as ingredients.** This means school lunches and food provided at school festivals. However, the school cannot guarantee that cross contamination has not occurred at the source of the suppliers of our ingredients. We strongly discourage the use of nuts and seeds in baking for cake stalls but cannot guarantee that any produce prepared off the premises will be nut free.

**Children in the same class as a pupil with a severe nut allergy will be required to keep packed lunches and shared food free of all nuts and seeds.** They should also never bring food obtained from cake stalls or the Friday market into their classrooms. This will be communicated directly to the parents and pupils in these classes by the class teacher.

**Packed lunches of all children attending afternoon care must be free of peanuts, pine nuts, tree nuts and sesame seeds.**

*NB: food 'free from nuts and seeds' means whole nuts and seeds as well as food containing nuts and seeds as ingredients. It does not include food which is labelled as possibly containing traces of nuts or seeds*